The fifth edition of the CESLAM Kathmandu Migration Conference organized by the Centre for the Study of Labour and Mobility (CESLAM) at Social Science Baha was successfully held on Wednesday, 15 February 2023. The conference was organized as an online event held on Zoom. The conference was held for three and a half hours from 2:00 to 5:40 pm Nepal time.

The conference had two panel discussions in total. Arjun Kharel, Research Fellow, at CESLAM, Social Science Baha, initiated the conference with his welcome remarks.

Both of the panels consisted of three papers and lasted for 100 minutes each. The first panel was chaired by Dr. Masako Tanaka, Professor, Sophia University, Japan. Likewise, the second panel was chaired by Neha Choudhary, National Project Coordinator, ILO Nepal and a CESLAM alumnus.

The conference formally ended after Sadikshya Bhattarai, Research Coordinator at the Centre for the Study of Labour and Mobility at Social Science Baha, offered closing remarks.

The conference was attended by 44 people (Note: These numbers include the paper presenters, chairs, discussants, and members of the organizing team).
### CESLAM Kathmandu Migration Conference 2023
#### 15 February 2023

**Schedule**
(All times are in Nepal time)

**15 February 2023 (Wednesday)**

<table>
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<th>Time</th>
<th>Session</th>
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<tr>
<td>2:00 pm–05:40 pm</td>
<td>Welcome remarks</td>
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<tr>
<td>2:00pm–2:05 pm</td>
<td>Welcome remarks</td>
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**Panel 1**
2:05–3:45 pm
Chair and Discussant: Dr. Masako Tanaka, Professor, Sophia University, Japan

1. **Nepal-Japan Migration Pathways and Decision-making Process: A Study of Students in the Japanese Language Institutes in Nepal**
   - Sadikshya Bhattarai, Research Coordinator, Centre for the Study of Labour and Mobility (CESLAM)
   - Arjun Kharel, Research Fellow, CESLAM
   - Preshika Baskota, Research Associate, CESLAM

2. **Migration Cost and Debt Burden in the Migrant Households in Nepal**
   - Arjun Kharel, Research Fellow, Centre for the Study of Labour and Mobility (CESLAM)
   - Sadikshya Bhattarai, Research Coordinator, CESLAM
   - Bipin Upadhyay, Statistician, CESLAM

3. **Villages to Metropolis: Labour Migration and the Changing Society in Eastern Nepal**
   - Gautam Chandra Roy, Assistant Professor, Bholanath College, India

**Break: 3:45–4:00 pm**

**Panel 2**
4:00–5:40 pm
Chair and Discussant: Neha Choudhary, National Project Coordinator, ILO Nepal

4. **Choosing Destination as a Migration Process: A Comparative Study of Labour Migration between Nepal and India**
   - Deepak Chandra Bhatt, Assistant Professor, Far Western University, Nepal

5. **‘What is Malta?’ How Nepali Migrant Workers Access Information and Build Knowledge About a New Migration Destination**
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<tr>
<th>Josef Naubauer, Master’s in International Development Studies, University of Amsterdam</th>
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| **6. Labour Migration from Nepal to Portugal: Attributes and Influencing Factors**  
Prajesh Aryal, Senior Research Associate, Centre for the Study of Labour and Mobility (CESLAM)  
Sanjit Shrestha, Research Associate, CESLAM  
Samiksha Neupane, Research Associate, CESLAM |
| 05:40 pm  
Closing remarks |